

# Mom Group Conversation Starters

1. WHAT WAS THE HIGHLIGHT OF YOUR WEEK?
2. WHAT IS SOMETHING YOU'RE LOOKING FORWARD TO?
3. WHAT DO WEEKENDS USUALLY LOOK LIKE IN YOUR HOUSE?
4. WHERE DID YOU GROW UP? WHAT WAS IT LIKE?
5. WHAT IS YOUR FAVORITE RESTAURANT IN TOWN? (OR NAIL SALON, THRIFT STORE, PARK, ETC)
6. DO YOU HAVE ANY PETS?
7. WHAT SORT OF ACTIVITIES ARE YOUR CHILDREN INVOLVED IN?
8. WHAT'S YOUR GO-TO MEAL THAT YOUR WHOLE FAMILY LOVES?
9. WHERE DID YOU GET INSPIRATION FROM FOR YOUR CHILDREN'S NAMES?
10. WHAT IS SOMETHING YOU'RE REALLY GOOD AT BUT EMBARRASSED THAT YOU'RE ACTUALLY GOOD AT IT?
11. WHAT DID YOU WANT TO BE WHEN YOU WERE LITTLE?
12. WHAT SONG WOULD YOU SING FOR KARAOKE?
13. WHAT'S YOUR STARBUCKS ORDER?
14. SHARE YOUR BIRTHING EXPERIENCE.
15. DID YOU HAVE ANY CRAZY PREGNANCY CRAVINGS?
16. WHAT IS THE HARDEST PART ABOUT BEING A MOM IN THIS SEASON OF LIFE?
17. WHAT IS THE BEST PARENTING BOOK YOU'VE READ?
18. WHAT IS ONE OF YOUR FUNNIEST "MOM FAILS"?
19. WHAT IS YOUR FAVORITE GUILTY PLEASURE TV SHOW OR MOVIE?
20. WHERE IS YOUR FAVORITE FAMILY VACATION DESTINATION?
21. WHAT IS SOMETHING YOU'VE DONE THAT YOU'RE PRETTY SURE NO ONE ELSE SITTING HERE HAS DONE?
22. WHAT ADVICE WOULD YOU GIVE TO A NEW MOM?
23. WHAT WAS A FAVORITE JOB YOU'VE EVER HELD AND WHY?
24. WHAT IS YOUR MOST FREQUENTLY USED "MOM PHRASE"?